

NewSpring Church Groups Guide

5 Lies of the Devil — Lie #3 — Just Follow Your Heart

We make hundreds of decisions each day, most of which are fairly insignificant. But sometimes life-changing decisions with far-reaching consequences have to be made. To make a God-honoring decision we must rely on more than our senses or feelings or experiences. They can be deceptive. There is nothing that would make satan happier than for you to “Just Follow Your Heart”. Jeremiah 17:9 says, *The heart is deceitful about all things and beyond cure. Who can understand it?* Our hearts can lead us astray. We must consistently pray that God would replace, focus and break our heart.

- Why is it inappropriate for a believer to say “I’m just following my heart”? How has your heart led you astray in the past?
- Read Proverbs 3:5-6. In what areas of your life is it tempting to lean on your own understanding? How do we acknowledge the Lord in everything?
- Read Proverbs 27:19. How can talking to a godly friend about important decisions keep you out of trouble?
- 2 Chronicles 16:9. What does a heart “fully committed to him” look like?
- Read Psalm 37:4. What should come before the desires of our heart? When we delight in the Lord how do the desires of our heart change?

When we follow our heart, discounting God’s word and God’s people, we are saying that we know better than God what is best for us. How destructive! By making decisions based on our temporary happiness we sacrifice the fullness of joy that Christ intends for us to experience in a life surrendered to Him.

Prayer - Lord, it is for joy that you have given us your word. It is for our joy that you have treated us as your children. It is for our ultimate joy and fullness that we face hardship. Help us to rely on you and not our heart. We want you to lead us. Help us to understand and apply truth to our lives.

Challenge each member of your group to ask these questions before making big decisions: “Am I making this decision based on my feelings?” and “Is there a biblical principle that can inform my decision making?”