

# NewSpring Church Groups Guide

## 5 Lies of the Devil — Lie #1 — God Will Never Put More On Us Than We Can Handle

The Bible says in John 8:44 that the devil is a liar and the father of lies. In this session we delve into scripture to combat one of the common lies that the devil uses to lead us into fear and worry.

Lie #1 is “God will never put more on us than we can handle.”

That sounds true...but its not! Where does it come from? The devil has used the misunderstanding of I Corinthians 10:13 to deceive many. 1 Corinthians 10:13 says, “No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.”

Notice that scripture says that we will not be “tempted” beyond what can bear. The same person who wrote this scripture also wrote II Corinthians 1:8-11 which says, “We do not want you to be uninformed, brothers, about the hardships we suffered in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired even of life. Indeed, in our hearts we felt the sentence of death. But this happened that we might not rely on ourselves but on God, who raises the dead. He has delivered us from such a deadly peril, and he will deliver us. On him we have set our hope that he will continue to deliver us, as you help us by your prayers.

The truth is that God will put us in overwhelming situations in order that we might give up our desire for control and become desperate for Him.

- Can you think of some examples in scripture of people who faced more than they could handle? What was the end result?
- Can you think of a specific situation in your past that you believe God put you through in order to teach you desperation and dependence on Jesus?
- What is your natural emotional response when you are out of control? What does our response to crisis say about our faith?
- How does this lie rob God of glory that belongs to him?
- How is our need to be in control directly related to our level of fear and worry? How do we overcome fear and worry?
- Is there any circumstance you are facing right now that is more than you can handle?

Sometimes God puts us in overwhelming situations so that we see our dependence on him! When we acknowledge that he is in control, we can longer boast, "Look at all we've done," rather, we can turn him in desperation and say, "Be glorified in our life for our help comes from you!" Some of us need to admit "I can't handle this," and turn over control of the situation to God.

Prayer - God we need you! We need you to come through in our lives. Forgive us when we have relied on ourselves. Salvation and deliverance comes only from you. We desperately throw ourselves upon your mercy and pray that you act on our behalf for your glory. We realize that you and you alone are in control of our lives. Thank you in advance for what will accomplished through your strength. Amen.

Challenge - Read the book of Philippians this week (only 4 chapters) and remember that Paul wrote the letter while in prison. How was he able to talk so much about joy?